



Healthy Now

MEAL PREP • JUICES • CATERING

HealthyNow can fuel your team for SUCCESS at the Panther Pride tournament!

We are experts in delivering healthy, delicious catering to hockey teams and families before games, post-game, and between games. Our clients include:



Check out Gold Medal winning hockey star Brianne Jenner's endorsement of HealthyNow: <https://youtu.be/rLJ8l6q4rKw>

Avoid crowded restaurants, delayed service and menus not designed for athletes. Save time, save money, and reduce stress!

We can deliver to your team at the arena, or at your hotel!

Grilled Chicken Parmesan, or Turkey Bolognese on Whole Wheat Penne, with side salad @ \$20.00 per person individually packed, or \$18 per person delivered family style, PERFECT to fuel your team before BIG games or after a GREAT win

And/Or

Grilled Chicken Wraps with Fresh Fruit Bowl on the side @ \$17.50 per person in 'to go' packaging – PERFECT for refueling between games

And/Or

We can customize catering specialized for your team!

Check us out online at www.HealthyNow.ca/athletes, at www.facebook.com/HealthyNow40, or at www.instagram.com/HealthyNow_40.

To order or for more info contact

Christine at 647-210-0047 or Christine@HealthyNow.ca